

## Who are Debtors Anonymous members?

***In DA, our purpose is threefold: to stop incurring unsecured debt, to share our experience with the newcomer, and to reach out to other debtors.***

Debtors Anonymous is a fellowship of women and men who have a shared desire to stop incurring new unsecured debt. We define unsecured debt as any debt not backed up by some form of collateral, like a house or a car.

For people whose use of unsecured debt has caused a variety of problems and has made their lives unmanageable, DA offers a program that works. In DA meetings, our members share their experience, strength, and hope and we help each other to not incur new unsecured debt one day at a time.

For business owners and professionals, often Debtors Anonymous members who work for fees or commissions, rather than salaries or wages, there are meetings and support resources focused on debting in business. We call these meetings Business Debtors Anonymous or BDA. Anyone interested in DA is welcome at BDA meetings.

Professionally, our membership comes from a broad spectrum. We have members who work in the arts and entertainment, construction and real estate, education and childcare, healthcare (including veterinary and mental health), legal and accounting, nonprofits, sales and marketing, science, social work, training, web and graphic design, writing and editing, and countless other fields.

Members in all these occupations, and many more, have found help in DA and BDA.

There are many active regional DA Intergroups in the United States and Canada. There are also Intergroups and meetings in Europe, Australia, Asia, and South America. Intergroups usually maintain websites that host meeting schedules, calendars of upcoming member events, tools for getting started in DA recovery, and contact information.

Find an Intergroup:  
<https://debtorsanonymous.org/meetings/>

Your local DA group or Intergroup:

***Experience,  
Strength, and  
Hope from  
Debtors  
Anonymous  
Members***

**Problems with money  
and debt? DA can help.**



[www.debtorsanonymous.org](http://www.debtorsanonymous.org)



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This outreach brochure has been developed and shared by members of BDA Intergroup. If you would like a pdf copy or any other information, we can be found at [helpfordebtors.org](http://helpfordebtors.org).

# What keeps members coming back to Debtors Anonymous?

"Tired of suffering financially; want to feel hopeful about the future."

"Staying on track."

"Relief, fellowship, hope for my future."

"Thanks to DA, money is no longer my Higher Power. I don't want to go back to the life I was living when money was god. A cold, merciless, unfair, self-righteous god. Plus I'm happier as an active DA and BDA member than I've ever been before."

"Fear of returning to where I was when I got here AND I feel I owe it to newcomers to be there for them like people were there for me."

"To maintain my recovery and not debt, plus the community, support, and fun."

"Support and sanity."

"Recovery. People. Pain. Fear. Inspiration."

Find a meeting:  
<https://debtorsanonymous.org/meetings/>

En español:  
<http://debtorsanonymous.org/en-espanol/>

Request free conference-approved literature:  
<https://www.helpfordebtors.org>

"The support of the people in DA, my service commitments, my sponsor and sponsee."

"Fellowship, tools, wanting to grow in solvency."

"I need the support."

"Fellowship."

"The gift of recovery, clarity, and my own growing concept of Higher Power."

"Service, both given and received."

"Egalitarianism, friendliness, place where I can get some clarity from listening to others."

"The promise—and the growing experience—of clarity. Clarity about the numbers first, and then more and more about other things like making and keeping commitments, how much energy I can sanely expend, and what it means to care for others and to be cared for by others."

"Results. The program works when I work it."

"DA saved my life and, one day at a time, saves my sanity. I don't ever want to go back to the drama and pain of living in my debting disease."

"Balance, learning about myself and how money affects my spiritual life."

"Results. Peer support. Wisdom. Spiritual growth. Peace around money."

"It is the love, support, accountability, endless learning about how to grow up with money, and the examples set by those who are finding a spiritually enlivening way to be with money that keep me coming back. I love DA! I always seem to find room to grow in this program."

"Fellowship and the fact that the 12 Steps work."

"Examples of people who inspire me and have what I want; DA is an incredible fellowship."

"I know that whenever I let my program slide my life starts to deteriorate pretty fast!"

"I need and want what I get here. I don't want what I've seen compulsive debting do when unchecked."

"Recovery, fellowship, support."

"Being in a group with other people struggling with the same issues around debting."