

What Is Compulsive Debting?

Compulsive debting is a crippling, even deadly, spiritual disease. It's an illness that locks us in shame and isolation, unable to let even our closest friends and family know the pain and suffering we experience on a daily basis. Although, the reality is that our friends and family know of our problems long before we do ourselves.

Problems with money and debt are only a symptom of the disease from which we suffer. Our sickness runs far deeper: affecting every relationship we have, every thought we have about ourselves and others, every opportunity we are given, personally and professionally. Until we stop debting, we will experience no peace, no relief, no freedom. First, we must decide to stop living beyond our means.

What Is Debtors Anonymous?

Debtors Anonymous is a fellowship of women and men who have a shared desire to stop incurring new unsecured debt. We define unsecured debt as any debt not backed up by some form of collateral, like a house or a car.

This desire to stop debting is the only requirement for membership in DA. We have no membership dues nor fees for the support our members offer one another. We refuse donations from non-members, and gratefully welcome contributions from within.

For people whose use of unsecured debt has caused a variety of problems and has made their lives unmanageable, DA offers a program that works. In DA meetings, our members share their experience, strength, and hope and we help each other to not incur new unsecured debt one day at a time.

DA members offer direct support to one another through sponsorship and service.

How Can I Find Debtors Anonymous Near Me?

There are many active regional DA Intergroups in the United States and Canada. There are also Intergroups and meetings in Europe, Australia, Asia, and South America. Intergroups usually maintain websites that host meeting schedules, calendars of upcoming member events, tools for getting started in DA recovery, and contact information.



Find an Intergroup:
<https://debtorsanonymous.org/meetings/>



Your local DA group or Intergroup:

Find a meeting:
<https://debtorsanonymous.org/meetings/>

En español:
<http://debtorsanonymous.org/en-espanol/>

Request free conference-approved literature:
<https://www.helpfordebtors.org>



**Do You
Know Where
Suffering
Debtors Can
Get Help
(and Hope)?**

Problems with money
and debt? DA can help.



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This outreach brochure has been developed and shared by members of BDA Intergroup. If you would like a pdf copy or any other information, we can be found at helpfordebtors.org.